

## Firewalking

"Fire worship practiced as a rite of purification, healing, initiation and transcendence has been a thread in the cultural tapestry of our planet. Many tribal people had, or have, rituals and ceremonies to honor the sacred aspect of fire, honoring its gifts and acknowledging its power. Fire worship and firewalking has nourished and warmed the human spirit since the dawning of mankind; today firewalking has evolved into a powerful tool for self-realization and empowerment." *Peggy Dylan, SUNDOOR School of Transpersonal Education, LLC. (www.sundoor.com)*

Firewalking is a profound instrument for personal transformation, working through obstacles, team building, infusing a goal or intention, or as a rite of passage. As a firewalk instructor, I'm delighted to facilitate private or public firewalks for individuals, groups or companies, both small and large.

"Tell me, what is it you plan to do with your one wild and precious life?" *Mary Oliver*

